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10-Day Green Smoothie - Atlanta

You May Snack On Apples, Celery, Carrots, Cucumbers, And Other Crunchy Veggies That Are ... Read Each Question And Give Yourself One Point For Every Yes Answer. Do You Crave Sweets, Bread, Pasta, White Rice, And/or Potatoes? ... Let's Do It! Days 1, 2, 3 Will Be The Most Challenging Part Of Your Experience. It Is A Time Of Readjustment Feb 12th, 2024

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