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HEF612 What's In Your Drink? Making Healthier Choices • Have Participants Write Healthy Drink Goals In Their Guide. Go Over SMART Goals: Specific, Measurable, Achievable, Realistic, And Trackable. Activity 8 — Healthy Drink Choices In Your Community/ Organization. Make A List Of Ways Your Community/ Organization Is Already Encouraging Healthy Drink Choices. Jan 14th, 2024

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