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Some Theravada Buddhist Meditation Traditions

Mahasi Sayadaw, Who Uses The Satipatthana-sutta Of The Pali Canon As The Core Instruction. There Are Mahasi Branches In Thailand, Malaysia, Indonesia, Nepal And The West. Some Well-known Western Meditation Teachers Such As Nyanaponnika Thera (1901-1994), Joseph Goldstein (1944-), Jack Kornfield (1945-) And Sharon Salzberg (1952-)2 Have Apr 10th, 2024

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