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InfoBorn(1951-11-15)November 15,
1951[1]Germantown, Pennsylvania[disambiguation
Needed], Pennsylvania, US[2]DiedJune 10,
2001(2001-06-10) (aged 49)[3]Rolling Hills, California,
US[3]Professional CareerPro-deb Feb 3th, 2024.

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John ...High Intensity Training The Mike Mentzer Way
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