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A Promise of Happiness: The Place of Beauty in a World of Art³ Plato, Symposium, Trans. Alexander Nehamas and Paul Woodruff (Indianapolis: Hackett Publishing Company, 1989), 211d6 (Sunontas), D8 (Suneinai). 4 Except as a *st* subject for painters and sculptors; Schopenhauer, *The World as Will and Jan 6th*, 2024 Rendering Happiness Metaphors: A Cognitive Analysis From ... The data for this study were obtained from the Persian novel „Savushun“ written by Simin Daneshvar and the two English translations, one by M. R. Ghanoonparvar (Savushun, A Novel About Modern Iran) and the other by R. Zand (A Persian Requiem). This novel has been chosen as the source of research since it contains highly metaphorical language. Apr 1th, 2024 Happiness Essential Mindfulness Practices Thich Nhat Hanh Practicing the Mindfulness Trainings, therefore, helps us be more calm and concentrated, and brings more insight and enlightenment. -Thich Nhat Hanh, *Happiness: Essential Mindfulness Practices* (2009) The Five Mindfulness Trainings. The five mindfulness trainings represent the Buddhist vision for a

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